

CONTENTS

Editorial

- How to Deal with Insulin Resistance** _____ 1-2
 Prof. Dr. Azhar Masud Bhatti

Original Articles

1. **Safety of Propofol in Patients Undergoing Endoscopy and Colonoscopy** _____ 3-7
 1. Arslan Shahzad 2. Faria Mumtaz 3. Javaria Isram 4. Muhammad Tahir
2. **Decreased CD4 and CD8 Count are Responsible for Severity of COVID-19 Infection** _____ 8-12
 1. Muhammad Omar Malik 2. Yasir Ishaq 3. Yasar Mehmood Yousafzai 4. Awal Mir
3. **Clinical Outcomes of Managing Congenital Knee Dislocation: An Observational Study** _____ 13-17
 1. Mohammad Aslam Mengal 2. Saddam Mazar 3. Khawand Bakhsh Umrani 4. Eamaan Abid
 5. Nargis Taj 6. Fahmida Rehman
4. **Comparison of Efficacy of Buccal Infiltration Versus Buccal and Palatal Infiltration for Maxillary First Molar Extraction** _____ 18-22
 1. Haseeb Khalid Khan 2. Muhammad Asif Shahzad 3. Shahzada Faiz Ahmad Khan 4. Wedad Sohail
 5. Syeda Azka Aamer 6. Rushda Khalid
5. **Association of PD-1 and PDL-1 Gene Polymorphisms in Type 2 Diabetes with Toxoplasmosis** _ 23-28
 1. Farah E. Mohammed 2. Ali N. Yaseen 3. Muhammed A. H. Aldabagh
6. **Frequency of Postnatal Depression among Patients in the Obstetrics and Gynaecology Department at a Tertiary Care Hospital** _____ 29-33
 1. Simone Rehan 2. Shadia Shah 3. Waleed Ahmad 4. Ayesha Saif 5. Nabiha Iqbal 6. Nabeela Shami
7. **Serum Selenium Levels: Correlation with Inflammatory Biomarkers and Oxidative Stress in Diabetic Nephropathy** _____ 34-39
 1. Hanan M. Al-Nadawi 2. Waseem Yousif M Al-Dulaimy
8. **The Impact of Vitamin D Deficiency and its Outcome Among Patients With Ischemic Stroke** __ 40-44
 1. Beenish Memon 2. Mumtaz Ali Lakho 3. Muhammad Kashif Shaikh 4. Ghulam Mujtaba Shah
 5. Imran Karim 6. Syed Zulfiqar Ali Shah
9. **Examining the Efficacy of PSA Levels in Detecting Prostate Carcinoma among Patients at Pakistan Railway Hospital: A Comparative Analysis** _____ 45-49
 1. Wajeed Gul Bangash 2. Muhammad Asad 3. Mohammad Roman 4. Muhammad Ismail Seerat
 5. Kiran Rehman 6. Sufyan Rauf
10. **Anatomical Variation in the Position of Mandibular Foramen with Side of the Arch Using Cone Beam Computed Tomography** _____ 50-53
 1. Asma Sattar 2. Muhammad Ishfaq 3. Imran Khattak 4. Aiman Shaheryar
 5. Munawar Aziz Khattak 6. Sana Arbab
11. **Frequency of Comorbidities in Patients Presenting with Acute Coronary Syndrome (ACS)** ____ 54-58
 1. Umer Ibrahim Paracha 2. Ibrahim Shah 3. Akhtar Sher 4. Matiullah Khan 5. Samiullah Khan
12. **Evaluating the Efficacy of Platelet-Rich Plasma, Hyaluronic Acid, and Botulinum Toxin in the Treatment of Temporomandibular Joint (TMJ) Disorders: A Comparative Cross-Sectional Study** _____ 59-62
 1. Madiha Khan 2. Sufyan Ahmed 3. Aisha Faraz 4. Seherish Khan Abbasi 5. Rabail Khero
 6. Nauman Shirazi
13. **The Impact of Passive Alveolar Molding VS Nasoalveolar Molding on Cleft Width and Other Parameters of Maxillary Growth in Unilateral Cleft Lip Palate** _____ 63-66
 1. Sadia Rasheed 2. Kashan Qayoom Shaikh 3. Sidra Memon 4. Hira Sangrasi
14. **Comparison of Tranexamic Acid Versus Placebo for Prevention of Postpartum Hemorrhage in Females Undergoing Delivery at Term** _____ 67-70
 1. Fehmida 2. Zarmeena Liaqat 3. Reema Fateh

15. **A Comparative Study of Stone Clearance Rates in Retrograde Intrarenal Surgery (RIRS) for Kidney Stones Above and Below 1.5 cm in Size** _____ 71-75
 1. Zeeshan Zafar 2. Shakeel Haseeb Uddin Siddique 3. Wajahat Fareed 4. Amna Abdullah
 5. Salman El Khalid 6. Saba Zafar
16. **Outcome of Supracostal Access of Percutaneous Nephrolithotomy in Pediatric Population - A Single Centre Experience** _____ 76-80
 1. Wajahat Fareed 2. Shariq Anis Khan 3. Osama Kalim Sheikh 4. Shakeel Haseeb Uddin Siddique
 5. Zeeshan Zafar 6. Salman El Khalid
17. **Efficacy And Safety Of Sofosbuvir/ Daclatasvir VS Sofosbuvir/Velpatas vir In Chronic Hepatitis C Patients** _____ 81-84
 1. Noman Kareem Qureshi 2. Syed Rizwan Hussain 3. Mehreen Toufique
 4. Syeda Mariam Batul Bukhari 5. Shafaq Shafique Abbasi 6. Zarnab Munir
18. **Incidence of Re-Bleeding After Injection Cyanoacrylate for Gastric Varices** _____ 85-88
 1. Zia ur Rehman 2. Hina Ebir 3. Afia Munir 4. Jawaryiah Kanwal 5. Hassaan Yousaf
 6. Zaeem Sibtain
19. **Ulcerative Colitis in Patients Presenting with Bleeding Per Rectum** _____ 89-93
 1. Afia Munir 2. Hassaan Yousaf 3. Zia ur Rehman 4. Jawaryiah Kanwal 5. Hina Ebir 6. Sara Tariq
20. **Frequency of Depression Among Females Underwent Hysterectomy in a Tertiary Care Hospital** _____ 94-97
 1. Neelam Akbar 2. Safia Shah
21. **Periodontitis in Pregnancy and its Impact on Neonatal & Maternal Outcomes in Low Socioeconomic Position - A Retrospective Cohort Study** _____ 98-103
 1. Kashif Ali Mastoi 2. Muhammad Siddique Rajput 3. Habibullah Siyal 4. Ifra Ibrahim
 5. Asif Nadeem Jamali 6. Mehwish
22. **Relationship between Chronic Ear Infections and Hearing Loss Among Children in Mirpur, AJK** _____ 104-106
 1. Faisal Bashir 2. Farooq Ahmed Noor 3. Amna Ahmed Noor 4. Alyia Imtiaz
 5. Ahmed Munir Qureshi 6. Tanveer Sadiq Chaudhry
23. **Association Between ENT Disorders and Cognitive Decline Among the Elderly in Mirpur, AJK** _____ 107-110
 1. Amna Ahmed Noor 2. Farooq Ahmed Noor 3. Faisal Bashir 4. Alyia Imtiaz
 5. Ahmed Munir Qureshi 6. Tanveer Sadiq Chaudhry
24. **Association of Biochemical Factors with Hypertension: A Public Health Strategy for Early Detection and Prevention in Mirpur, AJK** _____ 111-114
 1. Saeed Ahmed 2. Farooq ahmed Noor 3. Faisal Bashir 4. Alyia Imtiaz 5. Tanveer Sadiq Chaudhry
 6. Ahmed Munir Qureshi
25. **Impact of Perceived Stress and Pathological Markers on the Lives of Nurses Working in Intensive Care Units** _____ 115-118
 1. Rana Tauqir Ullah Khan 2. Aqsa Noureen 3. Humera Javed 4. Nusrat Tahira 5. Afreen Sattar
26. **CoQ10 Attenuates Atrazine-Induced Hepatotoxicity: A Histological and Biochemical Study** _____ 119-123
 1. Sadia Farooq 2. Shabana Ali 3. Arifa Haroon 4. Afifa Siddique 5. Tayyaba Qureshi
 6. Tayyaba Fahad
27. **Frequency of Post-URS Urosepsis in Patients with Uretric Stone** _____ 124-127
 1. Khubchand Rohra 2. Riaz Hussain Mangrio 3. Om Parkash 4. Lubna Naz 5. Suhail Aman Jokhio
 6. Kaleemullah Abro
28. **Use of Tooth Clearing Technique to Determine Root and Canal Morphology of Permanent Maxillary Third Molars in Population of Peshawar: An in Vitro Cross-Sectional Study** _____ 128-132
 1. Imran Khattak 2. Yusra Jamil Khattak 3. Asma Sattar 4. Aiman Shaheryar 5. Sana Arbab
 6. Munawar Aziz Khattak
29. **Knowledge and Perceptions of House Officers about Adopting Anesthesia Specialty** _____ 133-136
 1. Sohail Anjum 2. Ghulam Murtaza Hiraj 3. Rizwan Ali Qaiser

- 30. Study of SLC25A12 Gene in Pediatric Age Group with Autism Spectrum Disorder Aged 3-13 Years in Thi-Qar Center of Autism _____ 137-142**
 1. Naeem Salih Yaser 2. Maha Fadhil Semaism 3. Rebee Mohsin Hasani
- 31. Assessment of Serum Calcium Levels and Radiological Features in Osteoporotic Fractures: Insights into Reproductive Health and Pediatric Surgical Outcomes in Mirpur, AJK _____ 143-146**
 1. Aisha Yousaf 2. Memona Nazir 3. Saqib Ismail 4. Zahid Saeed 5. Wajahat Ullah Khan
 6. Asma Ajlas
- 32. Urinary Tract Infections in Chronic Kidney Disease Investigating Recurrent UTIs in CKD and Their Impact on Disease Progression and Management _____ 147-151**
 1. Zafar Ahmad Khan 2. Rizwan Kundi 3. Adnan Akhtar
- 33. Efficacy of Intramedullary Nailing Versus External Fixation in Treating Gustilo Type IIIA Tibiofibular Fractures _____ 152-155**
 1. Muhammad Arslan Munif 2. Maryam Latif
- 34. To Determine the Efficacy of Polyethylene Glycol in the Treatment of Pediatric Constipation____ 156-159**
 1. Muhammad Owais 2. Hameed Ullah 3. Iftikhar Khan 4. Zeeshan Ahmad
- 35. Frequency of Asymptomatic Spontaneous Bacterial Peritonitis in Patients with Decompensated Chronic Liver Disease _____ 160-163**
 1. Qazi Sidra Shafi 2. Mohammad Iltaf 3. Fazal Wahab 4. Asma Khan 5. Saqib Ullah Khan
- 36. Outcome of Endoscopic Mucosal Resection of Flat and Sessile Colonic Polyps _____ 164-167**
 1. Hashmatullah Khan 2. Mushtaq Ahmad 3. Hamid Ullah 4. Rafi Ullah 5. Mujahid Aslam
 6. Asfandyar Khan
- 37. Pediatric Otitis Media Epidemiology Antibiotic Stewardship And Long-Term Outcomes _____ 168-171**
 1. Abdul Aziz 2. Siyyar Ahmad 3. Muhammad Jawad 4. Ibrar Hussain
- 38. Advances in the Diagnosis and Management of Chronic Rhinosinusitis with Nasal Polyps _____ 172-175**
 1. Muhammad Jawad 2. Siyyar Ahmad 3. Abdul Aziz 4. Ibrar Hussain
- 39. The Burden of Pediatric Burns in Khyber Pakhtunkhwa Prevention and Management Strategies _____ 176-179**
 1. Muhammad Shadman 2. Syed Mohammad Haider 3. Sadaf Imran 4. Hamza Khan Shahbazi
 5. Amir Taimur Khan
- 40. Reducing the Burden of Beta Thalassemia Major Through Sibling Screening: A Cross-Sectional Study in Karachi _____ 180-184**
 1. Ghazal Irfan 2. Maeesa Wadood 3. Munazza Rashid 4. Muhammad Khan 5. Sarah Azhar
 6. Tooba Khan
- 41. Evaluation of Weight Loss in Patients Treated With Mandibular Fracture at Tertiary Care Hospital _____ 185-188**
 1. Abubakar Saddique 2. Jehan Alam 3. Zubair Ahmed 4. Syeda Momena Rashid 5. Hamna Asif
 6. Noor Sana
- 42. Management of Undescended Testis May be Improved with Educational Updates for Pediatricians, General Physicians and Health Care Providers _____ 189-192**
 1. Aleena Tahir 2. Waqas Ahmed 3. Muhammad Amir Hanif Khan
 4. Shahzada Abdullah Muhammad khuzaemah Saalim Hashmi Ali
- 43. Comparative Evaluation of Standard versus Totally Tubeless Percutaneous Nephrolithotomy in Renal Stone Treatment _____ 193-196**
 1. Imran Hyder 2. Khalid Hussain
- 44. Radiation Induced Sexual Dysfunction in Prostate Cancer Patients _____ 197-200**
 1. Sarah Khan 2. Imran Hyder 3. Muhammad Mujahid Iqbal
- 45. Our Experience of Perinatal Outcomes in Pre-Eclampsia and Eclampsia Cases: A Clinical Study at a Tertiary Khairpur Medical College Hospital (KMCH) Sindh _____ 201-205**
 1. Saba Faiz 2. Anna Begum 3. Sehrish Rasool 4. Kanta Bai Ahuja 5. Rabia Jatoi
 6. Nousheen Khaleeq

46. Impact of Metabolic Syndrome on the Progression of Coronary Artery Disease: An Observational Cohort Study _____	206-210
1. Ghulam Hussain 2. Muhammad Farooq 3. Usman Sadiq 4. Gohar Ali 5. Muhammad Shahid Nawaz Khan 6. Muhammad Tahir	
47. Frequency of Helicobacter Pylori in Perforated Peptic Ulcer and Associated Risk Factors _____	211-214
1. Shabbir Ahmed 2. Muhammad Mumtaz Ather 3. Bushra Ghulam 4. Sumera Nighat 5. Nadeem Ullah 6. Shoaib Anwar	
48. Vaginal Deliveries and Frequency of Perineal Tears _____	215-218
1. Humaira Bashir 2. Shazia Rafiq 3. Asma Akhtar 4. Ayesha Khan Khakwani 5. Kanwal Raza 6. Saba Rafique	
49. Obstructive Uropathy: Double-J (DJ) Stenting or Percutaneous Nephrostomy _____	219-222
1. Ibrar Ahmad 2. Muhammad Adnan 3. Saifullah 4. Muhammad Muzammil 5. Kiran Areej 6. Muhammad Arbaz Hanif Khan	
50. Impaired Quality of Life Among Dentists Due to Neck Pain _____	223-227
1. Qurrat-ul-ain Fatima 2. Asiyah Ahmad 3. Nida Aslam 4. Muhammad Awais Khan 5. Zobia Atif 6. Huma Tahir	
51. Predictors of Visual Impairment in Individuals with Type 2 Diabetes Mellitus: Insights from a Population-based Study in Pakistan _____	228-232
1. Muhammad Junaid 2. Fawad Ahmed 3. Zia-ur-Rehman 4. Irfan Ali 5. Suriyakala Perumal Chanan	
Guidelines and Instructions to Authors _____	i-ii