Editorial

CONTENTS

	Healthy Lifestyle Can Reduce the Alzheimer's Disease	1
	Moshin Masud Jan	1
Or	iginal Articles	
1.	Are Vitamin D Levels Related to Serum Renin Levels in Hypertensive Patients?	2-6
	1. Saima Mukhtar 2. Sara Naeem 3. Mah-E-Jabeen Sear 4. Iram Qamar 5. Shaista Hussain	
	6. Humaira Hashmat	
2.	Current State of Neurosurgical Practice in Pakistan	7-1
	1. Priyanka Ramesh 2. Syed Maroof Ali 3. Aamir Saghir 4. Salman Sharif 5. Samir Irfan Wasi	
3.	Career Preferences of Final Year Medical Students: A Multi-Institutional Study	11-
	1. Amna Ahmed Noor 2. Asad Muhammad Karim Ali 3. Gul Shaikh 4. Saman Omar	
	5. Saeed Ahmed 6. Rana Tauqir Ullah Khan	
4.	Ultrasound Abdomen for Investigating Chronic Constipation and Associated Complication in Pediatric Patients	16-
	in Pediatric Patients 1. Safia Izhar 2. Samia Perwaiz Khan 3. Samreen Zaidi 4. Shazia Kadri 5. Fadieleh A. Sohail 6. Awasha Min	
5	6. Ayesha Mir Prevalence and Predictors of Diabetes Distress Among Type 2 Diabetic Patients in Southern	
з.	Punjab, Pakistan	21-
	1. Muhammad Tahir 2. Talha Rasheeq 3. Nadeem Ullah 4. Iram Batool 5. Gohar Ali	41.
	6. Kashif Siddique	
6.		
•••	Population in Context of Family History of Major Depressive Disorder	26
	1. Tayba Saleha Hashmi 2. Amena Rahim 3. Farhana Ayub 4. Samarah Naeem 5. Bilal Karim	
	6. Jaweria Maqsood	
7.	•	30
	1. Mohsin Khan 2. Abdul Rauf 3. Niama Khan 4. Iqra Jadoon 5. Junaid Khan 6. Faiza Khan	
8.	Effectiveness of Educational Program on Self-Management Behaviors of Asthmatic Patients	34
	1. Sidra Nadeem 2. Muhammad Afzal 3. Adnan Yaqoob 4. Sadia Khan	
9.	Socio-Demographic and Child Caring Factors Responsible for Under-Nutrition Among	
	Children Between 6-59 months in Sindh, Pakistan	39
	1. Tariq Feroz Memon 2. Ghulam Hussain Baloch 3. Zoheb Rafique Memon 4. Munnawar Haque	
	5. Nabeel Khan 6. Muhammad Yousuf Ali	
10.	Diagnostic Accuracy of Alvarado and Appendicitis Inflammatory Response Score in the	
	Diagnosis of Acute Appendicitis	44
	1. Sohail Aziz Paracha 2. Imtiaz Ahmed Khattak 3. Waleed Mabood 4. Muhammad Kabir	
	Khan Afridi 5. Khurram Saidal 6. Mussrat Jabeen	
11.	Efficacy of Intravenous Ibuprofen Versus Intravenous Ketorolac in the Management of	40
	Post-Operative Pain after Abdominal Surgeries	49
	6.Yousuf Ali Lakdawala	
12	Risk Factors for Birth Asphyxia – An Experience From A Tertiary Care Setting	52
12.	1. Saima Bibi 2. Syed Yasir Hussain Gilani 3. Sadia Bibi	54
13	Hypothyroidism in Patients with Hepatitis C Infection Visiting A Tertiary Care Hospital	56
15.	1. Ihsanullah Rajar 2. Tarachand Devrajani 3. Abdul Ghani Rahimoo 4. Rattan Kumar	50
	5. Ghulam Rasool Rahimoo 6. FNU Shahzeen	
14	Two Sites Blood Cultures Compared to Standard Single Site Blood Culture in Diagnosis of	
17.	Neonatal Sepsis	60
	1. Haris Abdullah 2. Mimpal Singh 3. Shahida Nazir 4. Aneela Anjum 5. Liaqat Ali	50
15.	Short Term Outcomes of the Use of Antenatal Steroids in Preterm Infants	64
	1. Muhammad Rashid Shabeer 2. Athar Razzaq 3. Ejaz Ahmad 4. Muhammad Ali 5. Sana Arshad	
	6. Kiran Abbas	

5. Zubda Malik 6. Ali Raza 17. Microbiological Patterns Among Neonates Suffering from Late Neonatal Sepsis and to Specify the Antibiotic Susceptibility	
6. Kiran Abbas 18. Frequency and Risk Factors of Lipohypertrophy in Insulin Treated Patients with Diabetes: An Experience from a Tertiary Care Center in Multan 78-82 1. Mehwish Saeed 2. Wasif Aslam 3. Muddasar Ahmad 4. Muhammad Nadeem Sohail 78-82 1. Mehwish Saeed 2. Wasif Aslam 3. Muddasar Ahmad 4. Muhammad Nadeem Sohail 78-82 1. Mehwish Saeed 2. Wasif Aslam 3. Muddasar Ahmad 4. Muhammad Nadeem Sohail 78-82 1. Mehwish Saeed 2. Wasif Aslam 3. Muddasar Ahmad 4. Muhammad Nadeem Sohail 78-82 1. Mehwish Saeed 2. Wasif Aslam 3. Muddasar Ahmad 4. Muhammad Nadeem Sohail 78-82 1. Mehwish Saeed 2. Wasif Aslam 3. Muddasar Ahmad 4. Muhammad Nadeem Sohail 78-82 1. Adil Khan 2. Saqib ur Rehman 3. Amna Najeeb 4. Bushra Rabbani 5. Masooda Fatima 83-87 1. Adil Khan 2. Saqib ur Rehman 3. Amna Najeeb 4. Bushra Rabbani 5. Masooda Fatima 88-92 1. Syed Masood Hussain 2. Mubashir Shaikh 3. Muhammad Siddique Rajput 4. Muhammad Akbar 5. Abrar Ahmed Qaim Khani 6. Jawaria Salman 93-97 1. Syed Maroof Ali 2. Fawwaz Bin Shahab 3. Aamir Saghir 4. Salman Sharif 93-97 93-97 2. Pattern of Abnormal Uterine Bleeding and Spectrum of Endometrial Pathology Among 98-103 1. Seema Ghani 2. Zubaida Masood 3. Humaira Tahir 4. Fauzia Ali 5. Shabnam Hassan 6. Saira Saeed 98-103 23. The Dem	
18. Frequency and Risk Factors of Lipohypertrophy in Insulin Treated Patients with Diabetes: 78-82 An Experience from a Tertiary Care Center in Multan	
An Experience from a Tertiary Care Center in Multan	
1. Mehwish Saeed 2. Wasif Aslam 3. Muddasar Ahmad 4. Muhammad Nadeem Sohail 5. Aliya Akhtar 6. Hammad Zafar 19. Prevalence of Beta Thalassemia Trait in Semi-Urban Population of Karachi	
19. Prevalence of Beta Thalassemia Trait in Semi-Urban Population of Karachi	
1. Adil Khan 2. Saqib ur Rehman 3. Amna Najeeb 4. Bushra Rabbani 5. Masooda Fatima 6. Saleem Ullah Abro 20. Frequency of Graves Disease in Hyperthyroid Patients and its Associated Comorbidities	
 6. Saleem Ullah Abro 20. Frequency of Graves Disease in Hyperthyroid Patients and its Associated Comorbidities	
20. Frequency of Graves Disease in Hyperthyroid Patients and its Associated Comorbidities	
1. Syed Masood Hussain 2. Mubashir Shaikh 3. Muhammad Siddique Rajput 4. Muhammad Akbar 5. Abrar Ahmed Qaim Khani 6. Jawaria Salman 21. Association of Papilledema with Headache Visualizing Via Smartphone Fundoscopy93-97 1. Syed Maroof Ali 2. Fawwaz Bin Shahab 3. Aamir Saghir 4. Salman Sharif 22. Pattern of Abnormal Uterine Bleeding and Spectrum of Endometrial Pathology Among Perimenopausal Women98-103 1. Seema Ghani 2. Zubaida Masood 3. Humaira Tahir 4. Fauzia Ali 5. Shabnam Hassan 6. Saira Saeed 23. The Demographic Characteristics and Level of Physical Activity in Patients Presenting with Heart Diseases at a Tertiary Care Center104-10 1. Ahmed Ali Khan 2. Aisha Qamar 3. Syed Muhammad Ishaque 4. Abdullah Jan Panezai	
 5. Abrar Ahmed Qaim Khani 6. Jawaria Salman 21. Association of Papilledema with Headache Visualizing Via Smartphone Fundoscopy93-97 1. Syed Maroof Ali 2. Fawwaz Bin Shahab 3. Aamir Saghir 4. Salman Sharif 22. Pattern of Abnormal Uterine Bleeding and Spectrum of Endometrial Pathology Among Perimenopausal Women98-103 1. Seema Ghani 2. Zubaida Masood 3. Humaira Tahir 4. Fauzia Ali 5. Shabnam Hassan 6. Saira Saeed 23. The Demographic Characteristics and Level of Physical Activity in Patients Presenting with Heart Diseases at a Tertiary Care Center104-10 1. Ahmed Ali Khan 2. Aisha Qamar 3. Syed Muhammad Ishaque 4. Abdullah Jan Panezai 	
21. Association of Papilledema with Headache Visualizing Via Smartphone Fundoscopy93-97 93-97 1. Syed Maroof Ali 2. Fawwaz Bin Shahab 3. Aamir Saghir 4. Salman Sharif 93-97 22. Pattern of Abnormal Uterine Bleeding and Spectrum of Endometrial Pathology Among Perimenopausal Women98-103 98-103 1. Seema Ghani 2. Zubaida Masood 3. Humaira Tahir 4. Fauzia Ali 5. Shabnam Hassan 98-103 23. The Demographic Characteristics and Level of Physical Activity in Patients Presenting with Heart Diseases at a Tertiary Care Center1. Ahmed Ali Khan 2. Aisha Qamar 3. Syed Muhammad Ishaque 4. Abdullah Jan Panezai 104-10	
 Syed Maroof Ali 2. Fawwaz Bin Shahab 3. Aamir Saghir 4. Salman Sharif Pattern of Abnormal Uterine Bleeding and Spectrum of Endometrial Pathology Among Perimenopausal Women	
 22. Pattern of Abnormal Uterine Bleeding and Spectrum of Endometrial Pathology Among Perimenopausal Women	
Perimenopausal Women 98-103 1. Seema Ghani 2. Zubaida Masood 3. Humaira Tahir 4. Fauzia Ali 5. Shabnam Hassan 98-103 6. Saira Saeed 98-103 23. The Demographic Characteristics and Level of Physical Activity in Patients Presenting with 104-10 1. Ahmed Ali Khan 2. Aisha Qamar 3. Syed Muhammad Ishaque 4. Abdullah Jan Panezai 104-10	
 Seema Ghani 2. Zubaida Masood 3. Humaira Tahir 4. Fauzia Ali 5. Shabnam Hassan 6. Saira Saeed The Demographic Characteristics and Level of Physical Activity in Patients Presenting with Heart Diseases at a Tertiary Care Center104-10 Ahmed Ali Khan 2. Aisha Qamar 3. Syed Muhammad Ishaque 4. Abdullah Jan Panezai 	
23. The Demographic Characteristics and Level of Physical Activity in Patients Presenting with Heart Diseases at a Tertiary Care Center 104-10 1. Ahmed Ali Khan 2. Aisha Qamar 3. Syed Muhammad Ishaque 4. Abdullah Jan Panezai 104-10	
Heart Diseases at a Tertiary Care Center 104-10 1. Ahmed Ali Khan 2. Aisha Qamar 3. Syed Muhammad Ishaque 4. Abdullah Jan Panezai 104-10	
1. Ahmed Ali Khan 2. Aisha Qamar 3. Syed Muhammad Ishaque 4. Abdullah Jan Panezai	
	9
5. Samia Khalid 6. Nasim Marvi	
24. Morphometric Study of Mobile Phone Induced Injury to Cerebellum with Preventive Effects of Ginger in Albino Rats 110-11	4
of Ginger in Albino Rats 110-11 1. Syed Alamdar Raza Zaidi 2. Shabnam Khan 3. Nasim Marvi 4. Ashia Qamar 5. Meesum Iftakair	•
6. Samia Khalid	
	n
25. Clinical Profile and Out Come of Diabetic Keto Acidosis in Emergency Department 115-11 1. Niama Khan 2. Haidar Zaman 3. Mohsin Khan 4. Faiza Khan 5. Masroor Anwar	1
6. Mudassir Abdul Jalil Qureshi	