

**CONTENTS**

**Editorial**

1. **Transcendental Meditation May Lower Heart Risk** \_\_\_\_\_ **1**  
Moshin Masud Jan

**Original Articles**

2. **Evaluation of Tube-Less Percutaneous Nephrolithotomy of Patients Suffering from Abnormalities of Kidneys** \_\_\_\_\_ **2-5**  
1. Muhammad Amjad 2. Muhammad Khalid 3. Muhammad Shafique 4. Muhammad Safdar
3. **Awareness about Transmission of HIV/AIDS and related Stigma in Hospital Staff at a Tertiary Care Facility Hyderabad Sindh** \_\_\_\_\_ **6-8**  
1. Shamsuddin Solangi 2. Manzoor Ali 3. Saima Siraj 4. Hussain Bux Kolachi 5. Shazia Kazi  
6. Sajjad Kazi
4. **Outcome of Arterial Blood Gas (ABG) Status in Fetal Growth Restriction with Normal and Abnormal Doppler Studies** \_\_\_\_\_ **9-12**  
1. Isma Rauf 2. Talat Nelofer 3. Yasir Arafat
5. **Satisfaction Level of Medical Students Regarding Academic Activities of a Public Sector Medical College: Gomal Medical College, Dera Ismail Khan** \_\_\_\_\_ **13-16**  
1. Muhammad Omer Malik 2. Manzoor Ahmad 3. Huma Rehman 4. Muhammad Umair  
5. Sara Sajjad 6. Muhammad Salman
6. **Left Ventricular Systolic Function, Aortic Stroke Distance, Ejection Fraction and New York Heart Association Classification** \_\_\_\_\_ **17-20**  
1. Khalil Ur Rehman 2. Habib Ullah Shah 3. Majeed Ullah Buzdar 4. Shumaila Khalil
7. **The Possible Relationship Between Ankle Brachial Index and Microalbuminuria in Patients with Type 2 Diabetes Mellitus; A Cross-Sectional Study Conducted in Peshawar Pakistan** \_\_\_\_\_ **21-24**  
1. Baghdad Khan 2. Redha Shahjehan 3. Nizamuddin 4. Gul Hasssan 5. Amjad Mustafa  
6. Shamaila Zahid
8. **Complications of Laryngeal Surgery** \_\_\_\_\_ **25-27**  
1. Saeed Razi 2. Javed Qureshi 3. Salman Imran Butt 4. Kamran Hamid 5. Liaqat Ali 6. Haris Muaaz
9. **Hypovitaminosis B<sub>12</sub> in Pregnant Women Suffering from Gestational Diabetes Mellitus** \_\_\_\_\_ **28-32**  
1. Inayatullah Memon 2. Khadim Hussain 3. Momna Khan 4. Sadia Nizamani  
5. Ghulam Abbas Soomro 6. Syed Ali Akbar Shah
10. **Incidence of Colles Fracture (5 years Experience) at Idris Teaching Hospital Sialkot Medical College Sialkot** \_\_\_\_\_ **33-37**  
1. Muhammad Asif Saeed 2. Haris Muaaz 3. Hamda Saqib 4. Kamran Hamid 5. M Nouman  
6. Malik Arslan
11. **Incidence of Fractures of Neck of Femur (Intracapsular)** \_\_\_\_\_ **38-40**  
1. Imran Idrees Butt 2. Muhammad Asif Saeed 3. Maqsood Ahmed Khan 4. Salman Imran Butt
12. **Evaluation of Lipid Profile of Patients with Diabetes Mellitus, Mirpur, AJK** \_\_\_\_\_ **41-43**  
1. Zahid Mahmood 2. Muhammad Irfan Shereen 3. Adnan Bashir 4. Asnad
13. **Outcome of Embolectomy in Patients Presenting Late with Acute Limb Ischemia** \_\_\_\_\_ **44-46**  
1. Malik Asrar Ahmed 2. Abdul Karim 3. Sultan Shah 4. Malik Mehmood Ahmed
14. **Causes of Unilateral Blindness in Adults Attending A Tertiary Care Hospital Outpatient Department** \_\_\_\_\_ **47-51**  
1. Imran Ali 2. Naresh Kumar 3. Rabia Chaudhry 4. Wejai Kumar 5. Nasar Qamar Khan  
6. Gaintry Roopchand
15. **Duration Between Tracheostomy and Laryngectomy in Tracheostomized Patients** \_\_\_\_\_ **52-54**  
1. Javed Qureshi 2. Saeed Razi 3. Umra Abdul Samid 4. M Sabir
16. **Prevalence of Endoscopy At Idris Teaching Hospital Sialkot Medical College, Sialkot** \_\_\_\_\_ **55-58**  
1. Brig Shahid Raza 2. Asif Javed 3. Manzoor Hussain Bajwa 4. M Sabir

17. **Examine the Incidence of Liver Cancer in Patients Presented with Hepatitis B Virus and Hepatitis C Virus Infection** \_\_\_\_\_ 59-62  
1. Syed Waseem Ahmad Mujtaba 2. Awais Anwar 3. Abdul Matin Qaisar
18. **Examine the Frequency and Causes of Pericardial Effusion in Patients Presenting With Unexplained Dyspnea** \_\_\_\_\_ 63-66  
1. Riaz-ur-Din 2. Farhan Faisal 3. Farida Khudaidad 4. Dost Muhammad 5. Abdul Ghaffar 6. Fazal-ur-Rehman
19. **Determine the Causes of Epilepsy, Types of Seizure, Precipitants for Seizure Attacks and Risk Factors for Poor Outcome of Epilepsy Management** \_\_\_\_\_ 67-70  
1. Abdul Bari 2. Nimrah Zafar 3. Sadia Khan 4. Anum Zahra 5. Muhammad Saleem Barech
20. **Frequency of Second Mesiobuccal (Mb2) Canal in Maxillary First Permanent Molar** \_\_\_\_\_ 71-73  
1. Faisal Nawaz Khan 2. Abdul Rehman 3. Dilawar Sultan 4. Beenish Abbas 5. Hafiz Rabbi-ul-Ehsan 6. Atikah Sagheer
21. **Diagnosis of Gestational Diabetes in Females and Comparison of Glucose Challenge Test Versus Glucose Tolerance Test** \_\_\_\_\_ 74-76  
1. Imran Aslam 2. Attiya Farhan 3. Ghazala Iftikhar
22. **Frequency of Urinary Bladder Carcinoma in Transurethral Resection Specimens** \_\_\_\_ 77-80  
1. Saima Gulzar 2. Sidra Farooq 3. Muhammad Naim Ashraf
23. **Determine the Complications of Transradial Approach in Patients Undergoing Percutaneous Coronary Interventions** \_\_\_\_\_ 81-83  
1. Abdul Ghaffar 2. Riaz-ud-Din 3. Fazal-ur-Rehman 4. Farida Khudaidad 5. Dost Muhammad 6. Farhan Faisal
24. **To Study the Efficacy of Intravenous Ondansetron on Cessation of Vomiting in 1 to 14 Years Old Children with Acute Gastroenteritis to Reduce Length of Hospital Stay** \_\_\_\_\_ 84-87  
1. Nafees Khan 2. Shah Muhammad Khan Jadoon 3. Muhammad Fazil 4. Sehrish Gul 5. Muhammad Qasim Khan 6. Saqib Saeed
25. **Comparison Between International Federation of Gynaecology and Obstetrics Guidelines Versus Conventional Method for the Treatment of Third Stage Labour** \_\_\_\_\_ 88-91  
1. Attiya Farhan 2. Nousheen Ghaffar 3. Sujaria Yaseen 4. Wajiha Mehwish 5. Unaiza Taufiq
26. **To Compare the Frequency of Ischemic and Hemorrhagic Stroke in Hypertensive Patients** \_\_\_\_ 92-95  
1. Farhan Fateh Jang 2. Amna Malik 3. Muhammad Mossa
27. **Spectrum of the Gallbladder Diseases in a Teaching Hospital of Lahore, Pakistan – 20 Years Experience** \_\_\_\_\_ 96-100  
1. Nadeem Reyaz 2. Muhammad Bahadur Baloch 3. Muhammad Ejaz Butt 4. Sara Khan 4 and Ali Afzal
28. **The Clinicocytopathological Study of the Breast Lumps beyond 25 Years in A Tertiary Care Unit –Sialkot** \_\_\_\_\_ 101-104  
1. Sajid Hussain 2. Javed Mughal 3. Hira Shahid 4. Ume Habiba